

"GOOD THINGS, TAKE
TIME TO GROW"



Ultimate
NATURAL
HAIR
PLANNER

2022 Yearly Calender



January							February							March										
Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su				
					1	2		1	2	3	4	5	6		1	2	3	4	5	6				
2	4	5	6	7	8	9	7	8	9	10	11	12	13	7	8	9	10	11	12	13				
10	11	12	13	14	15	16	14	15	16	17	18	19	20	14	15	16	17	18	19	20				
17	18	19	20	21	22	23	21	22	23	24	25	26	27	21	22	23	24	25	26	27				
24	25	26	27	28	29	30	28							28	29	30	31							
31																								
April							May							June										
Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su				
					1	2	3						1	2	3	4	5			1	2	3	4	5
4	5	6	7	8	9	10	2	3	4	5	6	7	8	6	7	8	9	10	11	12				
11	12	13	14	15	16	17	9	10	11	12	13	14	15	13	14	15	16	17	18	19				
18	19	20	21	22	23	24	16	17	18	19	20	21	22	20	21	22	23	24	25	26				
25	26	27	28	29	30		23	24	25	26	27	28	29	27	28	29	30							
							30	31																
July							August							September										
Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su				
					1	2	3						1	2	3	4				1	2	3	4	
4	5	6	7	8	9	10	1	2	3	4	5	6	7	5	6	7	8	9	10	11				
11	12	13	14	15	16	17	8	9	10	11	12	13	14	12	13	14	15	16	17	18				
18	19	20	21	22	23	24	15	16	17	18	19	20	21	19	20	21	22	23	24	25				
25	26	27	28	29	30	31	22	23	24	25	26	27	28	26	27	28	29	30						
							29	30	31															
October							November							December										
Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su				
					1	2						1	2	3	4				1	2	3	4		
3	4	5	6	7	8	9	1	2	3	4	5	6	5	6	7	8	9	10	11					
10	11	12	13	14	15	16	7	8	9	10	11	12	13	12	13	14	15	16	17	18				
17	18	19	20	21	22	23	14	15	16	17	18	19	20	19	20	21	22	23	24	25				
24	25	26	27	28	29	30	21	22	23	24	25	26	27	26	27	28	29	30	31					
31							28	29	30															

NOTES						

Welcome



MONTHLY PLANNER

MONTH:

MON

TUE

WED

THU

FRI

SAT

SUN

TO DO LIST

NOTES



MONTHLY Budget Plan

Month / Years

Allowance Source

Allowance Amount:

DATE	PRODUCT DESCRIPTION	COST	REBATE	TOTAL

Total

Total Price Paid

Total Rebates Receive

Grand Cost Total

5 Steps Wash Day Routine

1

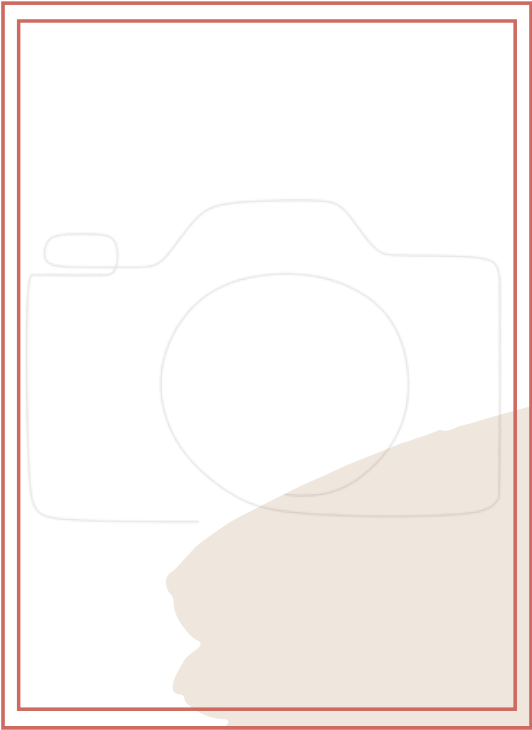
2

3

4

5

Wash Day Routine



Hair Porosity (CIRCLE 1)

- Low porosity: Cuticles that are close together.
- Medium porosity: Cuticles that are less tightly bound.
- High porosity: Cuticles that are more widely spaced.

PRODUCTS

PRE-POO: _____

SHAMPOO: _____

CONDITIONER: _____

DEEP CONDITIONER: _____

TEA RINCE: _____

LEAVE-IN CONDITIONER: _____

OIL: _____

BUTTER: _____

A STEP BY STEP WASH DAY ROUTINE
FOR YOUR NATURAL HAIR

Step 1: Prepoo and detangle your hair

Step 2: Apply shampoo to your hair

Step 3: Do A Tea Rinse

Step 4: (Deep) Condition your hair

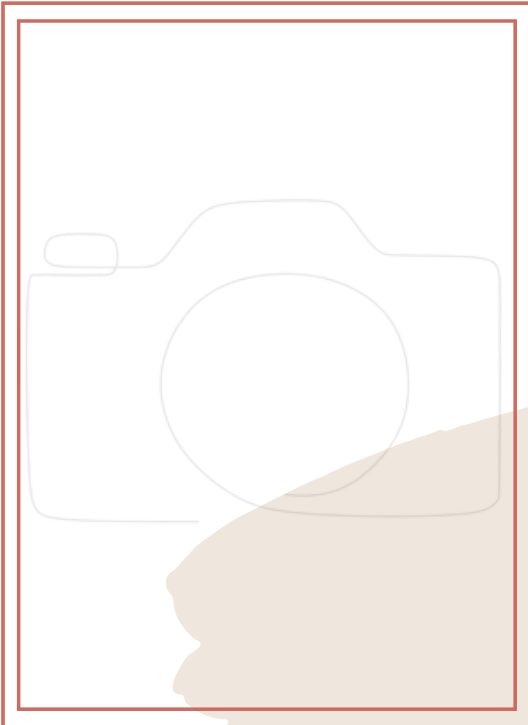
Step 5: Dry your hair

Step 6: Apply your leave-in conditioner

Step 7: Oil, moisturize, and seal

NOTES:

Wash Day Routine (BLANK)



Hair Porosity (CIRCLE 1)

- Low porosity: Cuticles that are close together.
- Medium porosity: Cuticles that are less tightly bound.
- High porosity: Cuticles that are more widely spaced.

PRODUCTS

: _____

: _____

: _____

: _____

: _____

: _____

: _____

: _____

A STEP BY STEP WASH DAY ROUTINE FOR YOUR NATURAL HAIR

Step 1: _____

Step 2: _____

Step 3: _____

Step 4: _____


Step 5: _____

Step 6: _____

Step 7: _____


NOTES:

Weekly HAIRCARE PLANNER

NOTE  _____

MONDAY  _____

TUESDAY  _____

WEDNESDAY  _____

THURSDAY  _____

FRIDAY  _____

SATURDAY  _____

SUNDAY  _____

MONTHLY TREATMENT

**THE
TREATMENT**

START TIME: _____

FINISH TIME: _____

NAME

INGREDIENTS (IF DIY)

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PURCHASE PRODUCTS

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BENEFITS OF TREATMENT(S)

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STEPS:

NOTES

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NAME _____



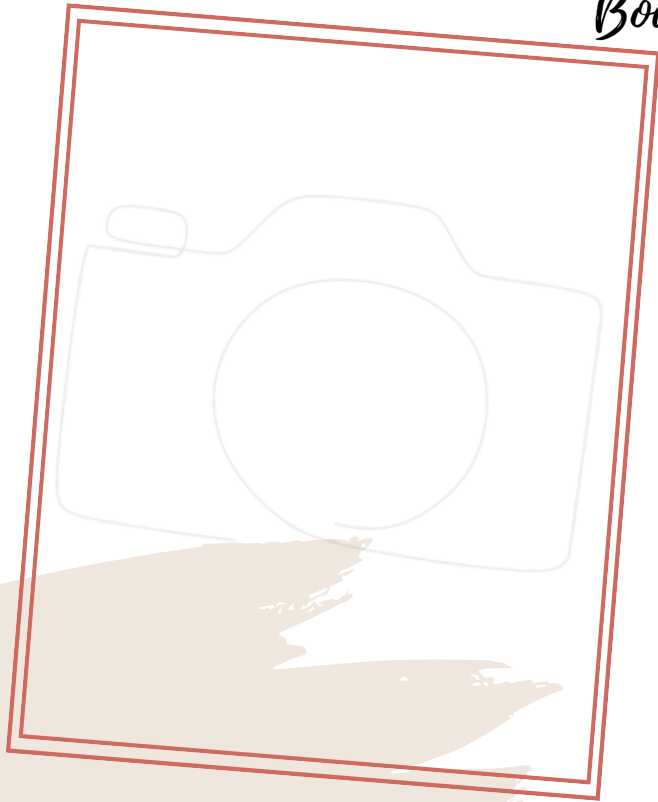
SIZE _____



TIME _____

About:

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Ingredients

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Instructions

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Notes

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